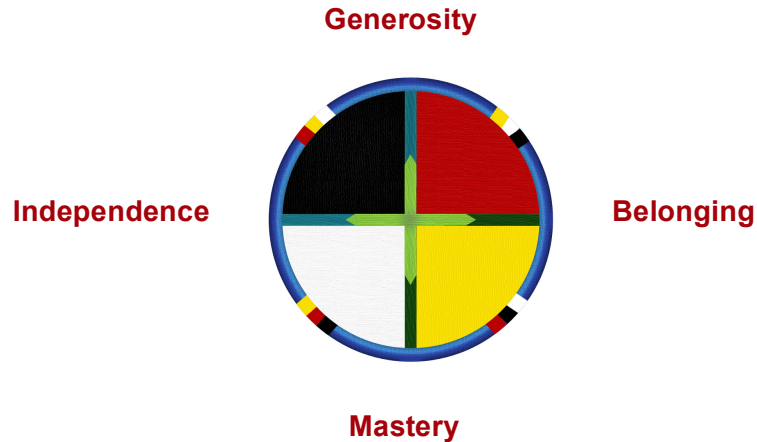


# Parenting Teens Workshop Facilitation



## Description:

Our new *Teen Parenting Workshop* is an opportunity for S.T.E.P. Parenting Facilitators to broaden their knowledge beyond our standard Adlerian focus on ages of 0 to 12 years. Master parenting facilitator Jim Skinner will facilitate this one-day workshop presenting a brand new application of Adlerian parenting concepts specifically distilled for supporting teenagers. Participants will receive a newly created manual containing diagrams that simplify and enliven Adlerian ideas to aid facilitation. The material is integrated with broader understandings of teenagers' often intense transition from childhood to adulthood. The workshop content will offer ways to support parents as they navigate this potentially challenging journey with their teens. The differences between facilitating child and teen oriented workshops will be made clear and participants will be offered a solid grasp of how to best support parents of teens. What can we offer to parents who might arrive at parenting groups feeling as though they are at their wits' end? How can we provide these parents with immediate support, techniques and understanding?

The workshop format includes lecture material, experiential exercises and group exploration.

## Facilitator:

**Jim Skinner, M.Ed, CAC, CPF**

After retiring from 38 years in Public Education, Jim is now the Executive Director of the Adlerian Psychology Association of BC and has been facilitating parenting workshops for over 30 years in the Greater Vancouver area. He has also taught Adlerian Principles at the Post Graduate level, developed many of his own workshops and leads seminars in schools and workplaces. His passion lies in a holistic vision of connecting people together within the organic fabric of community, so that we have a world that requires greater cooperation, peace and the care of each other.

**Cost:** \$175

A copy of our new parenting manual for working with parents of teenagers is included in the workshop fee.

**Open to:** CPF holders and students

**Dates:** **November 27th 2021**

Saturday 9am- 4pm

**Venue:** *SFU Harbour Centre, Vancouver, BC*

**For more information and to register contact The Adler Centre:**

Suite 440-2184 West Broadway (at Yew), Vancouver, BC V6K 2E1

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