

# Parenting Workshop

Nurturing Capable, Co-operative, and Contributing Children



## Description

An 8 week parenting group based on the 'STEP' (Systematic Training in Effective Parenting) method. The workshop will provide you with theory and techniques in a supportive and engaging way, helping you build a toolkit to raise capable, cooperative, and responsible children.

## Dates and time

Wednesdays 6:00pm – 8:00pm

**January 19<sup>th</sup>, 26<sup>th</sup>**

**February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>**

**March 2<sup>nd</sup>, 9<sup>th</sup>**

## Cost\*

Individual \$200, Couples \$300

*\*Financial support may be available*

**Venue:** The workshop will meet remotely online each week.

## Facilitator

**Gabriel Hinojosa**, MCP, RCC, CPF is a Registered Clinical Counsellor and a Certified Parenting Facilitator. He has interwoven 20 years of multidisciplinary education and experience with his private practice as a Clinical Counsellor. He is committed to assist individuals, couples, and families to overcome life challenges and to help them be the best version of themselves.

As a humbled father of four children, he has been personally acquainted with the many challenges of parenting

**Registration required**

Contact The Adler Centre:

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