

EARLY RECOLLECTIONS



DESCRIPTION

Early Recollections (ERs)* are a Counselling Intervention used to bring about insightful, specific memories in counselling and psychotherapy. These powerful memories provide therapists with an indispensable tool to facilitate deeper levels of change for client well-being and transformation. This Adlerian Intervention strategy elicits material that is highly potent and effective for therapists working from a range of modalities from CBT through to psychodynamic, existential, feminist, and other therapeutic frameworks.

FACILITATORS

Chris Shelley, PhD, CAC, CCC-S

Dr. Shelley is the clinical director of The Adler Centre, a not-for-profit counselling and teaching clinic in Vancouver. He has been an Adlerian educator and therapist in England and Canada, having taught for the Adlerian Society UK (London) and at The University of British Columbia. Additionally, he is a clinical supervisor for City University of Seattle (Vancouver campus) and the author of various scholarly works in the fields of counselling, psychotherapy, theoretical psychology, and gender-social justice studies.

James Skinner, M.Ed, CPF

Jim is the Executive Director of the Adler Centre. After retiring from 38 years in Public Education, he has been facilitating parenting workshops and seminars in schools and workplaces for over 30 years in the Greater Vancouver area. He teaches Adlerian Principles at the Post Graduate level. His passion lies in connecting people within the organic fabric of community. His vision is to foster a world with greater cooperation, peace and care of one another.

A ONE-DAY WORKSHOP

DEC 04 2021
9:00am-4pm

SFU HARBOUR CENTRE

515 West Hastings St
Vancouver BC

\$175

\$150 for APABC members
and all students

(Eligible for Continuing Education Units)

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