

Parenting Workshop

Nurturing Capable, Co-operative, and Contributing Children



Description

An 8 week parenting group based on the 'STEP' (Systematic Training in Effective Parenting) method. The workshop will provide you with theory and techniques in a supportive and engaging way, helping you build a toolkit to raise capable, cooperative, and responsible children.

Dates and time

Thursday, 6:30pm – 8:30pm

February 16th, 23rd,

March 2nd, 9th, 30th,

Apr 6th, 13th, 20th

Cost*

Individual \$200, Couples \$300

**Financial support may be available*

Venue

The Adler Centre
440 – 2184 West Broadway, Vancouver,
BC, V6K 2E1

Facilitator

Deborah Kong-Patterson MCP, RCC, CCC, CAC (Certified Adlerian Counsellor) is a counselling therapist in private practice.

As a Systematic Training in Effective Parenting Workshop (S.T.E.P.) facilitator, a mother of 3 and a step-mother of 4, Deborah believes that being a parent is one of the most important and rewarding jobs there is. However, it comes with many challenges. Deborah hopes to help parents develop a better understanding of their children so that they can provide effective guidance and a loving and nurturing environment where their children can thrive.

Registration required

Contact The Adler Centre:

e: apabc@adler.bc.ca **t:** 604-742-1818 **f:** 604-742-1811 **w:** www.adlercentre.ca

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